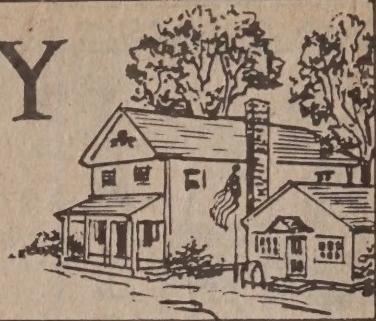


MONTEREY NEWS

MARCH 1984



NOMINATIONS AND REGISTRATION FOR TOWN OFFICES

Papers on which to nominate candidates for town offices may be obtained from now until March 29. The last day signatures on nomination papers may be checked by voter registrars is March 30. Papers must be in to the Town Clerk by April 6.

Offices up for election are as follows:

Selectman, Planning Board, Moderator, Finance Committee, Board of Appeals, Assessor, Auditor, Cemetery Committee, Library Trustee (2), Parks Commission, Tax Collector, Treasurer and Tree Warden.

Voter registration dates are: At the home of Town Clerk Suzanne MacIver, March 27, 6 to 8 p.m.; April 4, 6:30 p.m. to 8:30 p.m.; April 17, noon to 5 p.m.; April 14, 9 a.m. to noon; and April 14, 6 p.m. to 10 p.m. At the home of Patricia Amstead, April 7 from noon to 5 p.m. At the home of Fran Amidon, April 14 from noon to 6 p.m. Last day to register for the May 5 town meeting and election: April 14.

MONTEREY DEMOCRATS ELECT DELEGATES

At a caucus on January 9 Monterey Democrats elected Susan McAllester as delegate and Gig O'Connell as alternate delegate to the nominating convention in Worcester, Massachusetts, this spring.

SPRING TEST PERIOD LENGTHENED

Starting this year, the spring test period for percolation tests and deep observation holes will be March 15 through June 15. This decision was taken by the Board of Health on February 13, 1984, because of the inconvenience caused to many by the shorter period in effect in recent years. The Board is satisfied that the requirements of the State Environmental Code, Title 5, 310 CMR 15.03(3) concerning determination of groundwater elevations can be fully met during the 30 days added to the test period. The Board thus reverts to the test period which was in effect in 1978 and earlier (see Annual Town Report, 1977-78, page 33).

Testing in the early part of the period will depend on the weather, since percolation tests may not be made in frozen soil (310 CMR 15.03(4)(c)).

All those who wish to have holes and tests witnessed pursuant to CMR 310 15.03(1) should contact the Board of Health at its regular meeting (Mondays at 8:00 p.m. in the Town Offices; phone 528-1443) or through the undersigned (phone 528-1023) *not less than 72 hours (three days)* before

the time and date proposed for making the holes and tests. In case of emergencies or highly unusual circumstances, it may be possible to arrange witnessing on shorter notice. Final determination of a convenient time and date will be a matter of mutual agreement and may well be more than 72 hours from time of contact.

— Hans Kessler, Chairman
Monterey Board of Health

MONTEREY GETS ELDERLY TRANSPORTATION FUNDS

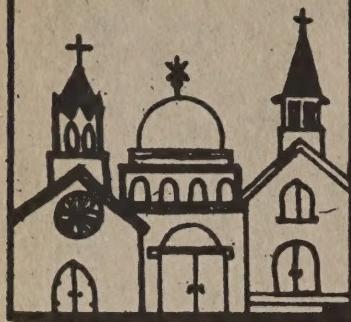
The state Department of Elder Affairs has announced a \$3,000 grant to the Monterey Council on Aging to help support the vans which are now available weekly to transport Monterey senior citizens to Great Barrington. The buses go to shopping areas and the Great Barrington Senior Center.

The amount was the largest awarded in Berkshire County under the program. The grants are part of \$450,000 distributed statewide under the Department of Elder Affairs program.



March mire

OUR CHURCHES



CATHOLIC CHURCHES

Masses Schedule

Our Lady of the Valley, Sheffield
Saturday, 5:30 p.m.

Sunday, 7:30 and 10:30 a.m.

Immaculate Conception, Mill River
Sunday, 10:00 a.m.

UNITED CHURCH OF CHRIST

Worship and Regular Meetings

Church school, Sunday at 10:30 during morning worship. Morning worship each Sunday at 10:30 a.m. with childcare at same time in the Social Room. Choir rehearsal Tuesdays, 6:15 p.m. at the Brallier home. Meditation and prayer, 7:30 a.m. in the Social Room. All are invited. Bible study, Thursdays, 7:45 p.m., at the home of Lucy Smith.

LENTEN STUDIES ANNOUNCED

During the Tuesdays of Lent a study will be made involving the different roads traveled in life's pilgrimage. The time each Tuesday will be at 7:00 a.m., beginning with a continental breakfast with the study following immediately. The leader of the discussions this year will be Nan Merrill. The homes will be posted for each meeting on the bulletin board and in the church calendar. *March 13*, Preparation for the Journey, "On Being Called," Psalm 147:1-7. *March 28*, The Road Through the Wilderness, "Encounter with Ourselves," Deuteronomy 26: 5-9; Matthew 4:1-11.

March 27, The Road to Jericho, "Encounter with Neighbor," Luke 10:25-37. *April 3*, The Road to Jerusalem, "Encounter with God's Will," Mark 10:35-45. *April 10*, The Road to Emmaus, "Encounter with the Living Christ in Word and in the Breaking of Bread," Luke 24:13-35. *April 17*, The Road to Damascus, "Encounter with God's Pure Grace," Acts 9:1-20; Philippians 3:3-16.

MORNING WORSHIP DURING LENT

The Morning Worship during Lent will be held each Sunday at 10:30 a.m. The sermons and scriptures give a picture of the Journey of Faith. The themes and scripture for each Sunday are as follows:

March 11, Theme: "Creation, Temptation and Victory," Scriptures: Genesis 2:7-9; 3:1-7; Romans 5:12-19; Matthew 4:1-18.

March 18, Theme: "God's Call to the Journey of Faith," Scriptures: Genesis 12:1-8; Romans 4:1-5; John 4:5-26.

March 25, Theme: "Benefits of the Life of Faith," Scriptures: Exodus 17:3-7, Romans 8:1-10, John 4:27-43.

April 1, Theme: "Out of Darkness into Light," Scriptures: I Samuel 16:6-13, Ephesians 5:8-14, John 9:1-41.

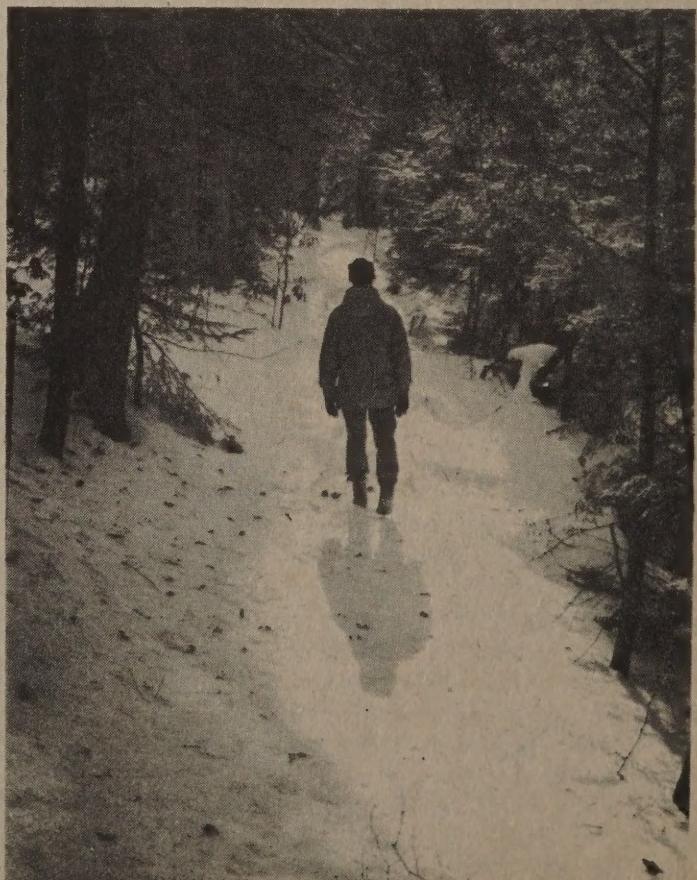
April 8, Theme: "God Sees Our Possibilities," Scriptures: Ezekiel 37:1-3, 11-14, Roman 8:6-11, John 11:1-45.

April 15, Theme: "In Sacrifice There Is Victory," Scriptures: Isaiah 50:4-9, Philippians 2:5-11, Matthew 26:14-27.

LIFE AS A SPIRITUAL PILGRIMAGE

Plans are being made for a new program that is to be offered to the whole community. There is no definite name given yet to the program, but it is being built around the concept that life is a spiritual journey. The proposal is that a group or groups be formed to help people see, explore and better understand the movement that is going on in their lives. The knowledge of the spiritual journey is increased as people learn to recognize the significance of the transitions they are passing through, as they recognize persistent themes that keep occurring in their lives, as they identify and work with their dreams. These are but a few of the ways that are available to help each of us see a little better what is happening in our lives.

A committee is now being formed to start designing ways that such a program might be set up in our community. It is expected that a fuller report on this program will be given in the April issue of the *Monterey News*.



Winter woods



WHAT SHAPES YOUR LIFE: Inner Forces or Outer Influences?

How differently people view the forces that give shape to their lives. Some people seem so totally controlled by events around them; others seem so little influenced by events. Why is it that some people's happiness or unhappiness seems to depend almost entirely on the things, pleasant or unpleasant, that they encounter? What makes others so much less susceptible to ups or downs going on around them? If you solve this problem you will have contributed profoundly on how human personality is formed.

In general, the younger a child, the more that child's well being depends on the character of its environment. The baby is totally dependent on others. We cannot generalize as easily on the other side of the scale. Some people gain greater and greater immunity from external events as they age. Others, regardless of added years, appear as vulnerable to environmental conditions as they were early in life. It makes one wonder, "Why?"

What sort of process is human life, anyway? Is the loosening of dependency on the external an accidental thing? And when this loosening doesn't happen, is that accidental, too? Is this attribute communicated from one person to another? If it is communicated, "How?"

I have been watching a person for over a number of years who was taken to a nursing home. This person knew, as surely as many another has known, that the great majority of persons in nursing homes are there simply to wait until the hour of death comes. Going to a nursing home is such a powerful event that the large percentage of persons spending months or years in nursing homes adopt a lifeless mood as the style in which to pass their days. From day one inland at the nursing home, this fellow refused to give in to the prevailing mood. He found ways to break out of the deadening schedule. He discovered activities that others would never have thought of. His mind, in short, refused to be conditioned by the prevailing mood around him. And after more than a year, it is clear that he is more under the power of some inner force within him than on the prevailing mood of those around him. He is being shaped, his life is taking form, by an inner power which finds ways over and over again to surmount whatever gloomy signals may be coming at him from all sides.

Over and over in my counseling work I deal with people who are being torn to pieces over the things that are happening to them. Loss of job, loss of mate, or disappointment in a son or daughter come as shattering experiences. No one should pretend that we could be human and remain untouched by such dramas going on around us. But what is it that enables some persons to rise surely and steadily above the tragedy that happens to them? And what is it that makes others so totally dependent for their well being on whether or not "good things" are going on in the world around them?

Again and again I am witness to the victory over the

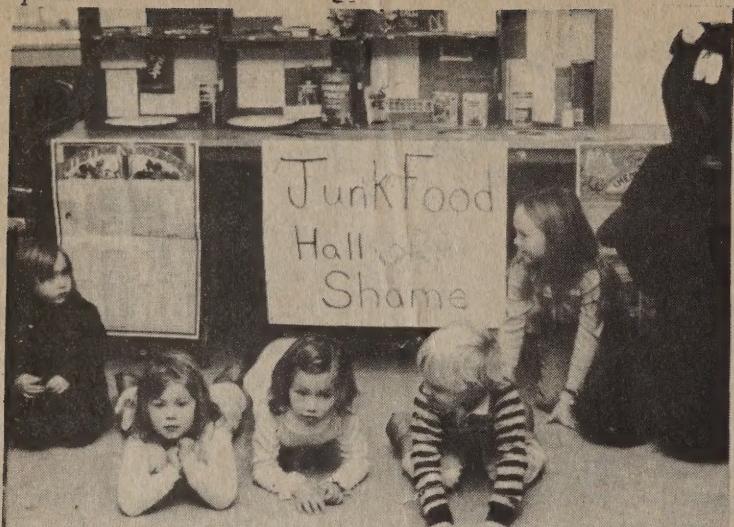
"tyranny of the external." These are the people who seem ever to be rising above and beyond the power of circumstance. It comes through loud and clear. I have no formula. I know no magic words. I have no way of saying, "I will make it happen with this person." With some it does not happen no matter how much I might wish it might. Regarding both sets of people I find myself musing, "I wonder why? What is giving shape to life? Why do some overcome the tyranny of the external and why do some fall victim to it so readily?"

Does it not seem that most surely St. Paul was giving a description of this same phenomenon when he wrote these words: "Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or attacked. . . . For I am certain of this: neither death nor life, nor angel, nor prince, nothing that exists, nothing still to come, not any power, or height or depth, nor any created thing, can ever come between us and the love of God made visible in Christ Jesus Our Lord."

There is no doubt that St. Paul was describing this quality as something that might flow from one's relationship to Christ. And there is no doubt that it may do so. Yet any honest reporting would have to recognize that it is not an automatic benefit that comes to the Christian. Honesty would have to recognize that this victory over the tyranny of the external may lie also in people who make no claim to being Christian.

I have a hunch all of us have a bit more information on this subject than we may have realized. We have observed the difference in the way people around us react to life situations. Yes, and we may even have observed ourselves, sometimes succumbing to the external and sometimes overcoming the power of external happenings. On various occasions I have invited readers to respond to issues of this kind, and I am always pleased with the interaction with any who wish to share the way they see things. What is your experience as you have grappled to gain "a power within that is stronger than the power without"?

— Virgil V. Brallier, Minister
Monterey United Church of Christ



Ana Maye, Odessa Bates, Myra Raney, Luke Olsen, Camille Maye, and the Monterey Groundhog bow to the voice of reason espoused by the Monterey Girl Scouts' Junk Food Hall of Shame.

YOUTH NEWS

Junior Girl Scouts

The Juniors have spent the last three weeks doing research and putting together a "Junk Food Hall of Shame" that was on display for the Monterey Food Day. They are now taking order for cookies and will continue until February 26.

Cub Scout Pack #51

On February 7 they visited the Hardcastles'. The boys saw many lambs—one only a day old. On Valentine's Day the boys gave a party for their younger brothers and sisters. They made their own special invitations, decorated the table, served their guests and even found time to play bean bag games. The games were made at home before the big day. After vacation they will be working on an achievement that involves tying knots and other rope skills. In March they are looking forward to visiting Carr Hardware. Bud "Mr. Goodwrench" Rodgers will give them a tour of the store.

Youth Group

The Youth Group held a spaghetti supper in the Monterey Church basement on February 10. It was a big success. Sixty-five people attended and were treated to a delicious dinner. Twelve members of the group under the age of 18

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Brownies tried this, too. They also played a game from Sweden called "Bow and Curtsy Tag." They played a game from Italy called "Chicken Market" and one from Mexico called "Bread and Cheese." All had a good time playing these international games. Ann Gile and Brook Rubenstein received their World Association pins.

NEWS FROM NEW MARLBOROUGH CENTRAL SCHOOL AND MONTEREY KINDERGARTEN

On January 31 the Monterey kindergarten students shelled peanuts. The next day they made peanut butter with a food processor. Volunteer mother Margy Ohman assisted Mrs. Andersen with this project. The children enjoyed their own peanut butter at snack time for several days. On Valentine's Day the children exchanged valentines and had a party to honor the occasion. They have also been studying dinosaurs. They have completed dinosaur booklets, and there are plans for Dinosaur Appreciation Day to be held sometime soon. In conjunction with this the children will be making a dinosaur mural to hang in their classroom. The second RIF distribution of the school year was held on February 15 at the kindergarten. Each pupil was allowed to choose a book to read and keep. Just before vacation Partners in Reading awards were presented to Alana Gillooly and Kevin Ohman.

In Grade 1 there has been much activity. The children are learning to put on plays. They put on these small productions for their own classmates. They have finished the reading book *Pug* and have started *Suntree*. Also, the students have begun independent reading. In math they are working on measurements and are learning about thermometers. Mrs. Heyman, first grade teacher, and Mrs. Rawling, classroom aide, are setting up a Vic-20 computer in the classroom. The children will have an opportunity to operate small programs and to have "hands-on" computer experience. To celebrate Valentine's Day the pupils made valentines for their families. A party was held on February 14 under the direction of room mothers Fran Stevens, Maryanne Gillooly and Kay Pratt. Fresh fruit cup was served with a cake sent in by Mrs. Dorizzi, the mother of Carey Dorizzi, a new first-grader from Norfolk, Connecticut.

The second graders visited the first grade classroom and read the poem "Little Groundhog" in choral verse while holding their handmade groundhog puppets. This big event took place on Groundhog Day. The second grade has finished the basal reader *Green Feet*, and the children all took the book home to share with their families. They have started a study of Abraham Lincoln. In class they are reading *Abe Lincoln* by Augusta Stevenson. In math they are working on measurements, centimeters and inches. Also, they are becoming more familiar with thermometers using Celsius and Fahrenheit. The pupils are working on an evaluation of the comprehension unit, "Following Direction." They worked in pairs directing each other in the toasting of English muffins and the application of peanut butter and marmalade. Together each couple got to enjoy the results of their labor. The students have completed their first half year of creative writing and proudly took their folders home. The second grade Valentine party was a big success. Room mothers Carol Sadlowski and Cathy Rodgers were there to help. Cecile Snow, mother of Bruce Snow, made special treats for the class of cored apples filled with peanut butter. Bruce's grandmother, Mrs. Ger-

UM-SCHOOL NEWS, cont.

trude Snow, sent in ice cream, which was enjoyed by all.

Healthcare students from the South Berkshire Educational Collaborative turned the tables and became teachers for the month of February as they participated in a Dental Health Program sponsored by the Berkshire District Dental Auxiliary. The students studied under the direction of Mrs. Barbara Unsworth, a registered nurse, who teaches the Allied Health Career Program. Each day of the five-day course is devoted to one aspect of dental health, with flossing, brushing and nutritional snacks as part of the curriculum. The program aims to define plaque and its causes, teach correct brushing and flossing techniques and to list and sample nutritional snacks that will not promote tooth decay. This program was presented to the third grade class at New Marlborough during the week of February 13-17. Collaborative students who participated are Terri Crane, Brenda Wells, Lynn Gangell, Laurreta Williams, Tina DeNoura, Kassie Gates, Theresa Ferrin and Tracie Stimson. This is the sixth year the Berkshire District Dental Auxiliary, under the direction of Jeanne Ferris, has presented and funded this project. Auxiliary members participated by compiling a mini-recipe book, making visual aids, writing a daily newsletter and preparing good nutritional snacks for the children to sample. They also supervised the coordination of the program on a daily basis. Free toothbrushes and packets were handed out to the second graders also.

Mrs. Pamela Hardcastle, room mother for third grade, put on the Valentine party. Cookies and cake and punch were served, and the children enjoyed exchanging valentines.

An RIF distribution was held at the school on February 13 with the help of Claudette Callahan and Diane Storti. The basement bulletin board was transformed into a Snowfort of Reading. After each child received a book, the title was written on a "snowball" and placed on the bulletin board.

In mid-January the fourth grade put on a production entitled, "Christmas Around the World." Chuck Read and John Cruikshank read a poem, "What Is Christmas?" Laura Kern, Olivia Williams and Kim Gillette performed a Mexican posada. The girls also made a pinata, and each of their classmates got a chance to break it—not an easy task! Another group put on the play, "Santa and Son," about Santa's son's attempts to modernize Christmas. Shawn Saunders, Jennifer Murray, Richard Goewey, Kenny Pratt, Sean Storti, Ramona Mallory, Ronda Rhoades and Bill Hankey starred in it. They all did an excellent job. Frank Soncini, Mark Phillips and John O'Brien reported on the historical background of our present-day Christmas traditions. Last, but not least, Tiffany Stephens, Jill Amstead and Angel Davis explained about Christmas in rural France. They built a creche and sang *Away in a Manger*, which has French origins.

The A to Zap program was presented to the fourth grade class by Mrs. Crespi, a representative of Massachusetts Electric Company, who came to the school on February 2 and February 9. The children learned about electricity—what it is—and performed some simple experiments. They were also taught electrical safety and conservation.

Our bakers this month have created cherry nut cookies to honor George Washington and "krunchy kiss kookies" for Valentine's Day. Speaking of Valentine's Day, room mothers

Yvonne Stephens, Pat Amstead and Pam Gillette "threw" a great party for the fourth grade. They had a candy hunt and played "pin the arrow on Cupid." The refreshments were simply super!

On Friday, February 17, an awards ceremony was held at New Marlborough. Paul W. Langer, Elementary Supervising Principal, presented the awards. Partners in Reading awards were as follows: Ezra Andersen, Andrew Brazie, Patricia Davis, Tucker Gillooly, Paul Makuc, Elizabeth Stevens, Kim Clapp, Rachel Rodgers, Gabriel Small, Jason Smith, Jennifer Stevens, Stacy Palfini and Sean Storti.

The M. S. Readathon awards were also presented at this time. The children at New Marlborough Central School read 283 books and raised \$446.46 to assist the National Multiple Schlerosis Society. Quite a feat! All those who participated received gift certificates from Burger King, the official sponsor of the event. In addition, notebooks were given to Rachel Rodgers, Gabriel Small, Bruce Snow Jr. and Tiffany Stephens; wallets were given to Michael Ohman and Shawn Lewis; and pencil cases were received by Amy and Kim Gillette, Jason Smith, Tish Thorpe and Chuck Read. Shawn Lewis read the most books—28! Jennifer Stevens was awarded a calculator for raising the most money—\$75.68! Larry Davis won the M. S. dog by a random drawing of all the participants from our school. Congratulations to ALL the award winners!

MOUNT EVERETT HONOR ROLL

Following is the Mount Everett Regional School honor roll for the second quarter.

Grade 12, high honors: Sherri Burkholder.

Grade 12, honors: Laurie Briggs, Karen Hayes.

Grade 11, honors: David A. Smith.

Grade 10, honors: James Woodruff.

Grade 9, high honors: Joseph Burkholder.

Grade 9, honors: Michelle Grotz.

Grade 8, high honors: Burton Burkholder, Janet Thieriot.

Grade 8, honors: Christopher Makuc.

Grade 7, honors: Shelby Loder.

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Eleanor Kimberley solicits members to the Monterey Grange at Monterey Food Day.

MONTEREY GRANGE NEWS

Monterey Grange #291 met February 15 at the Hardisty home. The theme of the program was Lincoln, Valentine's Day and George Washington. The cherry pie contest first prize was won by Annette Nelson; second prize, by Ethel Warner; and third prize by Violet Hardisty.

The next meeting will be on March 7, 1984, at the Grange Hall. The meeting will be open to the public. Deputy Fred Terrill will be guest speaker and will present 25-year pens and 55-year and 60-year seals. People receiving the awards are as follows:

55-year seals: Nina Tryon, Wallace Tryon, Ethel Warner, Eleanor Kimberley, and possibly Kenneth Warner.

60-year pens: Nina Tryon, Eleanor Kimberley, Ethel Warner.

25-year pen: Sue MacIver.

Nonmembers are cordially invited.

— Mary Wallace
Lecturer

LAURA B. GILE

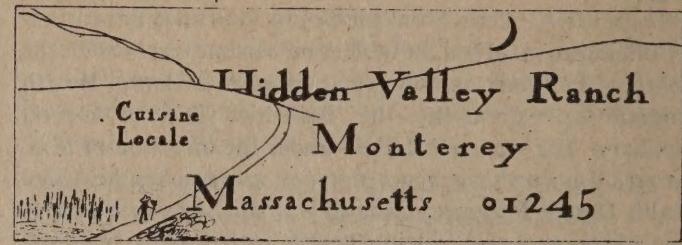
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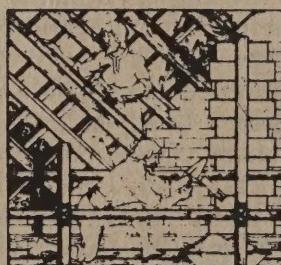
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FRIENDS OF THE LIBRARY

The Friends of the Library had a great first meeting, lots of good ideas and good will. We share a fondness for the Monterey Library, and we'd like to encourage more people to come in and use it.

***We are going to begin a story hour for pre-schoolers in the children's section of the Library on Wednesday, March 21, at 3:30 p.m.**

We will be reviewing books owned by the Library for this paper, running the annual book sale, mounting an exhibit of local needlework, hosting a Saturday evening party in the Library in the fall. It should all be lots of fun.

If you would like to be a Friend of the Library, please call Leslie Scutellaro, 528-9244.

— Leslie Scutellaro

IN THE LIBRARY

Two children's favorites at the Monterey Library are *Blubber* and *Muddles at the Manor*. The Monterey Library's copy of *Blubber* by Judy Blume is obviously well worn. It is about some ordinary kids who aren't always very nice to each other and about making friends. Its realism makes it attractive to its fourth through sixth grade audience.

Muddles at the Manor is part of the *Tales from Fern Hollow* series by John Patience. Published in England, this book is a fanciful tale of the woes of the gardener at Trumbleberry Manor. This book is aimed at the pre-school listener. The illustrations are great.

— Peggy Thieriot

The Russians by Hedrick Smith (1976), Moscow Bureau Chief for *The New York Times* for four years, is a comprehensive look at life in Moscow in particular and the Soviet Union in general. The book is very readable and as full of vivid personalities as a Russian novel. Mr. Smith draws vivid pictures of the situations he experienced and the people he encountered. Through *The Russians* we have an opportunity to glimpse life as it is lived in a totalitarian state.

— Leslie Scutellaro

BOOKMOBILE in MONTEREY
Wednesday March 7
Gould Farm 1:30pm Monterey Library 3 p.m.



Cynthia Weber, Assessor's Clerk

STATE CERTIFIES MONTEREY FREE CASH

The Monterey selectmen learned February 13 that the Town has \$110,573 in free cash. The figure was given to the Town by the state Department of Revenue.

DEADLINE FOR APPLICATIONS TO MONTEREY ARTS COUNCIL

The deadline for submitting grant applications to the Monterey Arts Council is Tuesday, March 13. Applications may be submitted to the Council at its meeting that night beginning at 7:30 p.m. at the Town Offices or by mail to Monterey Arts Council, General Delivery, Monterey 01245.

AEROBIC DANCE

2 Evenings / week 7:30pm
10 weeks \$35.00 begins
March 22. for information
and registration call Priscilla
528 4205 mornings or eves.



Margaret White and Nina Tryon converse at Monterey Food Day.

LADIES AID SOCIETY

The Ladies Aid Society met January 19 in the church social room and planned to do so on February 16 if the weather remains bad. Otherwise, it planned to meet at the home of Lucy Smith, with Jean Stowell as cohostess.

At the January meeting, it was voted that we give \$25 to the blanket fund of Church World Service. These blankets have been found to be very versatile. A newcomer to the group asked how we could do this with membership dues of only \$1 a year. It was pointed out to her that we sometimes earn money through sales, and that there are friends who do not come to meetings or pay dues but who give to us quite generously. Jean Stowell, who is clerk of the Monterey United Church of Christ, had occasion to look up the history of its organ. She found that the church bought it from a church in a community near Boston, and the \$150 it cost to transport it across the state was borne by the Ladies Aid. So many and various were our donations that it made her feel proud to be a Lady Aider.

Twelve ladies attended the meeting. Elizabeth Simons, though she could not be present, had, as cohostess, made the room a cheerful and tasteful place.

— Margery Janes

CONSERVATION COMMISSION NOTES

The Monterey Conservation Commission reminds you:

Now that spring is coming, those of you contemplating building or improvements on property in Monterey should make the following note to yourselves:

Any work done *in or within 100 feet* of a stream, a lake, a pond, a river, a marsh or a swamp must be submitted in plan form to the Monterey Conservation Commission prior to commencement. In addition to dredging, filling or any other alteration, this includes building structures and any other change in present patterns of use. Failure to comply with the requirements as set forth in the Regulations of the Wetlands Protection Act may result in Cease and Desist Orders, substantial fines or prison sentences.

The primary concerns of the Wetlands Act are the preservation of public and private water supply, protection of ground water, prevention of floods and storm damage, prevention of pollution and protection of shellfish and fisheries. These concerns are your and our and our children's. Help us take care of what we've got.

ALTERNATIVE ELEMENTARY SCHOOL IN TYRINGHAM BEING CONSIDERED

A group of parents in Tyringham are considering opening a small school for children between the ages of four and eight (pre-school, kindergarten, first, second and third grades) in the old two-room village schoolhouse on Jerusalem Road in Tyringham. The pre-school and kindergarten will function partially as a parents' cooperative so that the salaried teacher will be able to devote a substantial amount of time to the older children. Our goal is to provide a quality educational experience for small children at a reasonable cost within the extended community of Tyringham, Otis, Monterey, etc. This project is the outgrowth of a community playgroup which has been very successful. For the small children emphasis will be on cooperative play, sharing and learning together. The emphasis in the first, second and third grades will be basically traditional education—reading, writing and arithmetic along with creative projects and field trips. The combination of parent involvement and a favorable student-teacher ratio make possible an exciting, nurturing educational atmosphere. If you are interested in learning more about this project, please call either Barbara Washburn (243-2370) or Mary Ann Brown (243-0234).

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PARK COMMISSION PATTER

We've missed a few months in print but have been active and alive this winter. A tether ball, badminton set and volleyball were given to the Town by a summer resident (I should say "seasonal"). They are appreciated, and we shall keep them safe for use this spring.

"Thank you's" to the Thieriot's for a donation for their booth on "I Love Monterey Day" and a donation from Phil Blampied of *The Record* from his circulation drive in Monterey. These donations go into a "Special Projects" account, just established—held by the Town treasurer. We will be happy to accept any contributions, now, to go toward the multitude of exciting projects we are talking about.

Dean and I were intrigued by a couple enjoying a new sport on the beach last fall. They were searching the sand with a metal detector, said that it was all consuming and replacing other sports as it had become so interesting. Watch for them in the spring.

We are looking for suggestions and volunteers to work out a simple, effective method of identifying residents at the beach this summer, and also working on a long- (not *too* long-) range plan for tennis courts. Call, write or speak to us—be you winter, summer, seasonal or year-round Monterey residents. We think "summer-fall-winter-spring" all year round. We hope to improve the parks and recreation available to be safe, well used and enjoyable for all of you . . .

We are—Fran, Steve and Debbie
at your service . . .

MONTEREY DAY AT BUTTERNUT

Skiers—remember March 9—Monterey skiers at Butternut. For tickets at junior rates for Monterey residents for just that day, see Dean Amidon. (It will surely snow some more by then!)

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NEWS FROM GATEWAYS

Music is a moral law. It gives a soul to the universe, wings to the mind, flight to the imagination, a charm to sadness, gaiety and life to everything. It is the essence of order, and leads to all that is good and just and beautiful.

Plato

Expanding Awareness through Music

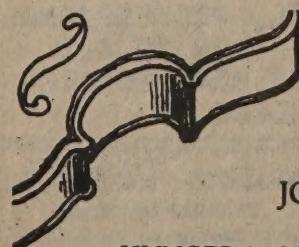
In this area of the Berkshires, so close to Tanglewood and other music centers, classical music holds a place of special appreciation. It provides us enormous enjoyment—whether the music be stirring and vibrant, or soothing and relaxing, and all the enormous range of possibilities and nuances in between.

Beyond that enjoyment, many people, composers and musicians in particular, down the ages have known that music can also lead us into other realms, deepening our awareness and expanding our consciousness. Until recently there was no method which enabled a person with intention to enter such realms in a music listening experience. Then several years ago Helen L. Bonny, Ph.D., therapist, violinist and teacher, began a period of intensive research and exploration in this area and produced both a method and a series of music tapes which permit such intentional inner journeys. She then founded the Institute of Consciousness and Music, which continues to develop special taped music programs and trains facilitators to work with the process known as Guided Imagery & Music (GIM).

Guided Imagery & Music is a technique which involves listening to music in a relaxed state for the purpose of allowing imagery, symbols, and deep feelings to arise from the inner self. The materials so evoked can facilitate therapeutic intervention, self-understanding, creative breakthrough and spiritual experience. The process unlocks growth and healing processes. GIM is used with groups to introduce people to the powers inherent in music to connect us to these inner realms.

It is also used in one-to-one sessions. Here a trained facilitator supports, reflects on and records the experience as shared by the experiencer, while the music provides the framework and structure for the inner exploration. The process leads to self-understanding and growth, and helps us to "dream our own dreams forward."

— Ann Eggers



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10

TASTES AND FLAVORS

Polenta is simply cornmeal "mush" with grated cheese. Add beans and you've got complete meatless protein. It's a fuel efficient meal, too—no need for the oven.

Polenta and Beans

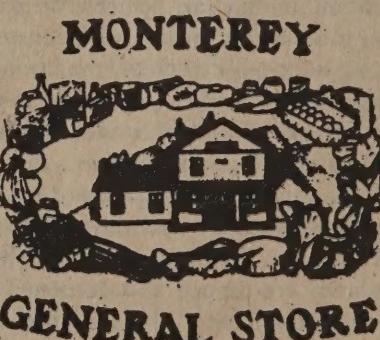
6 cups water	
1 tsp salt	
2 cups yellow cornmeal	
1 cup grated cheese (parmesan is traditional but I like sharp cheddar, too)	
2 Tbsp olive oil	½ cup tomato sauce or puree
2 cloves garlic, crushed	½ tsp cumin
1 medium onion, chopped	½ cup grated sharp cheese

Bring water to boil. Add salt. Lower heat to medium-low. Add cornmeal and stir constantly with a whisk till fairly thick—3 to 5 minutes. Stir in 1 cup grated cheese and transfer to buttered 8" x 10" pan. (The dimensions of the pan determine the thickness of the polenta. It will set in whatever size or shape pan is used.) Let it set about ten minutes.

In a large frying pan (at least 10") saute garlic and onion in olive oil until onion is translucent. Add tomato sauce or puree and cumin, stirring for a minute or two. Add beans and about half the liquid in the can. Mix thoroughly. Cut about two-thirds of the polenta into little squares and arrange in and on top of the beans in the pan. Sprinkle half cup of cheddar on top. Cover and simmer till cheese melts.

Delicious and hearty.

— Leslie Scutellaro



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LOCAL LORE

MOONRISE, MOONSET

The September Harvest Moon rises about a half hour later each evening, giving people a chance to go for long evening walks. Such a delayed rising would throw time tables out of kilter in no time, because the Moon has to complete a 24-hour cycle in 29 days. The Moon may rise not much more than half an hour later in the evening, but then it needs to take its sweet time setting in the morning. And so, between September 4 and 14, moonlight stretches from 11 to 15 hours.

Around the coming spring equinox (March 20) the Moon rise-set cycle has reversed itself; rising time is delayed, setting time comes quicker. The total moon time increases to about 15 hours during the night of March 12, after it had been some eight hours on March 1; it will shrink to about 12 hours by the end of the month.

Explanation? Sorry, I am a dud at Newtonian physics. All I know is that the Moon rises shortly after 10 p.m. on March 20 (spring equinox) and sets just before 8 the next morning. The *Farmer's Almanac* says so.

My Sky Calendar tells me that on March 1 the Moon is 252,718 miles from Earth, the furthest it has been since 1750, the furthest it will be until 2107. But since you can't see a new Moon, it makes no difference, except to the fishermen who might have to worry less about the tides, because the Moon won't have so much pull.

— Loul McIntosh

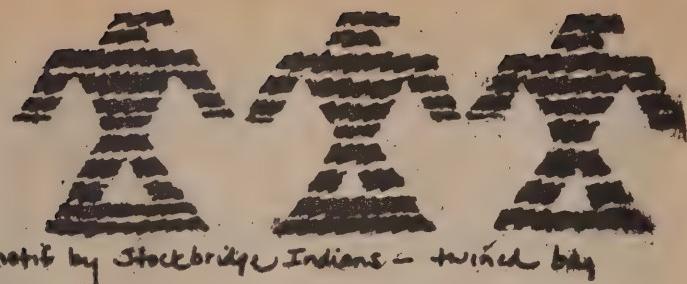
THE RADIOPHILE

WDST (100 FM) from Woodstock, New York, is the only commercial radio station I know of that attempts to satisfy a variety of tastes. There are jazz, classical, contemporary and folk music programs plus daily reading aloud, public interest programs and interviews, and a great kids' show on Saturday morning.

"The Steve Show" on Saturday morning from 11 a.m. to noon is a show in the zany tradition of Pinky Lee and Sandy Becker. Host Steve Cherny and his puppet, Harry, consider some of the deeper issues of life in a goofy way that little kids can enjoy even if they miss the humor of a puppet desperately asking, "Am I really here?"

Steve sings and plays the guitar. His choice of material runs to silly stories and ridiculous rhymes. Interspersed among his own performances are recordings of well-known comedian and singers. It's a show that can be entertaining to parents as well as children.

— Leslie Scutellaro



INDIAN NOTES

Land Deals with the Indians

When the town of Stockbridge was laid out for the Mahicans, to be an ideal Indian community, forever, with its own missionary, teacher and exemplary English families, legal provisions were made to prevent Indian lands from then passing into other English hands. The Colonial Records in the Pittsfield Registry of Deeds tell the story of what then happened. Some examples:

May 3, 1763. Voted and granted to Jacob Cooper fifty acres of land to be taken up on the south and west side of the 50-acre lot on which the Said Jacob now lives. The Said 50 acres given and granted in consideration of the losses said Jacob sustained in the burning of his house and in his loss of several of his cattle killed by some Indians.

May 19, 1766. Granted to William Goodrich in consideration of the loss he sustained in having his ox killed, fifty acres of land to be taken up on the East side of Elihu Parsons' farm that he lives upon to run from Said farm Eastward in the Noch or Hollow of the Mountain Eastward so as to include 50 acres and when a plan is returned with a proper survey, Benjamin and Hounis Mhtockun to make a deed of the same to Said Goodrich.

June 14, 1766. A survey of one hundred acres: a lot laid out on the right of Jacob Cheeksonkun and several other Indians, proprietors of land in Stockbridge, and conveyed by deed to Daniel Rowley of Richmont in Consideration of his paying 37 pounds for Jacob Unkaumugg to liberate the Said Jacob from prison.

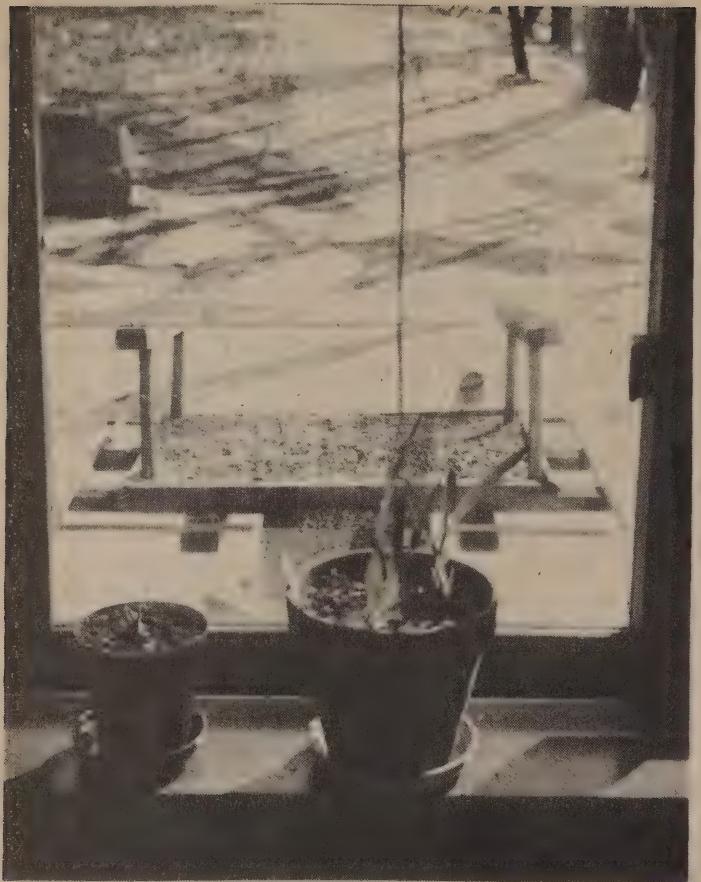
April 26, 1768. Voted that the tract of land lying between Dean Curtis's North line and Mohkhowwanweet's South line and Dean's south line West to the foot of the Mountain and East as far as said Curtis's land which several of the Indian proprietors sold to Mr. Boughton for payment of proprietors' debts be confirmed and allowed.

July 7, 1769. Voted and granted to Joseph Woodbridge and Zenas Parsons 150 acres of land lying within the town of Stockbridge in Consideration of 71 pounds 16 shillings Lawful money which said Joseph and Zenas advanced and Expended for the Said Indian Proprietors in Their endeavoring to recover the Lands belonging to them for their Services in the Government as Soldiers . . .

Proprietors Meeting, Jan. 16, 1772. Voted that Messrs. Samuel Brown, Junior, and William Goodrich be agents for the Indians, the proprietors of the common undivided Lands lying in the town of Stockbridge still belonging to said proprietors . . . we, the Said Proprietors give full and absolute power to our Said Agents . . . to sell and Dispose of, engaging by this our vote that all sales of Lands made by our Said Agents shall be accounted good and valid by us.

— David P. McAllester

LOCAL LORE (cont'd)



Late winter windowsill

BRIGHT BLOOMS OF WINTER

When I went off to college in the fall of 1966, I took with me a blue and white Raleigh bicycle, a bow-necked Washburn guitar, a new Olympic portable typewriter, and one sprouted narcissus bulb from Mom. The bicycle didn't make it to graduation. It disappeared from a back porch in Ohio one year while I was away. The old guitar is gone from my life, too, handed down to my younger brother when I got my first significant paycheck and bought a newer model with a perfect neck. My typewriter made it to graduate school but went into semi-retirement soon after when it failed to cut mimeograph or ditto stencils. Of all these old friends, these compadres of my rites of passage, only the narcissus remains, ever young each fall. It comes to me in the same little pot, made by me at summer camp, bedded in stones from the family camping trips of my childhood, and born again and again in Mom's closet, beside the shoe polish box.

The miracle of a sprouted bulb in fall and winter brightens many an apartment or dormitory room, when days are short and the landscape reduced to basic greys. Bulb companies start pushing their wares in summer, reminding the gardener that plant life is a cyclical matter, with no beginning or end. In the fall you must wind down the vegetable and summer flower gardens, but look well to your bulbs—those big buds of promise for spring of next year, a spring which you can actually move forward to winter or fall by a process called "vernization," or forcing.

The narcissus would bloom and bloom, perfuming my room in the darkest part of the year. Eventually, despite

elaborate staking with thumbtacks and string, its tall blossom stalks would lean over for good. By this time Mom would be on to more vernalizing, though, filling the house with winter twigs and branches, clipped from fruit trees, forsythia, and pussywillows. There was always a huge burst of forsythia in a vase in the big dining room fireplace—she used to speak of "forcing" the buds, but I never felt the word was right. Those blossoms leapt out eagerly, full of their own intention.

The word "vernization" was coined by the Soviet botanist Lysenko, who experimented with early sprouting of wheat and other so-called winter grains in the 1920s and '30s. These cereal crops were actually biennial plants by nature, sprouting and growing in one warm season, being chilled by winter, and then budding and flowering the next warm season. The flower, of course, produced the seed or grain for harvest. Lysenko found he could chill the seeds before planting and cause them to sprout, grow, flower and fruit all in one season.

People have been curious for a long time to know exactly what happens inside a plant to signal the switch from the growing or vegetative mode to the flowering or reproductive one. Both temperature and light influence this change, but something specific occurs at the "cellular level" which is thought to be a chemical change. In animals, growth and reproduction are influenced by hormones, chemical substances produced in the body. Plant physiologists have isolated plant hormones, too, called auxins and gibberellins. Like animals, plants are "born" with the full genetic capability to grow and reproduce in a certain way. The mystery here is not so much how they do it, but what causes them to do it when they do. As always with these big questions, the answer is not simple, nor is it the same from one individual to the next. There are some similarities among most flowering plants of the temperate zones, though, which lead the bulb growers and forcers, both amateur and professional, to give the following rule: fifteen weeks in cold storage meets the "winter rest" needs of all bulbs. Most people winter their bulbs all potted, either in a cool cellar or in a trench in the garden. I first put bulbs in the refrigerator, but not in pots. My refrigerator is too small for that. My experimenting so far has been limited to freesias and *iris reticulata*, but both do well in paper bags behind the mayonnaise until I am ready to pot them. Then they get two weeks of rooting time in the dark in a cool place in their pots. This is a formula hit upon by accident, and all I can say is it has worked for me. Bulbs forced a second year produce smaller blooms, and most authorities recommend setting them out in the garden at this point, to resume normal cycles of biological clock and thermo- and photoperiodicity.

Here the narcissi are through for the season, *iris reticulata* have just begun blooming, and the freesias are an inch and a half up and bright green. Outside, the buds that pushed off the 1983 leaves last fall are bursting already, making us fret especially over the precocity of the elderberries against our south wall. The houseplants, too, have noticed the longer days and are surging eagerly toward our short, action-packed New England springtime. Soon enough the blossoms will be all around us, self-vernalized without aid or tampering in closets and refrigerators. In the meantime, we whet our appetites and keep up our faith with the rare and special captive winter bloomers.

TAX NEWS

Tax collector Henry J. Makuc reports that due to the late issuance of the fiscal 1984 tax bills (late state approval of tax rate), both first and second payment requests of the 1984 bill are being sent out at the same time. The first payment, which ordinarily would have been due by November 1, 1983, must be paid within 30 days of the envelope postmark. The second payment must be paid by May 1, 1984. He emphasizes that there will not be another bill for the May 1 payment. Monterey is still using the lock box system, and payments should be made via the envelopes enclosed to the Shawmut Bank. Failure to make payments when due will result in a 14% interest charge beginning the month preceding due date.

GERO APPOINTED MONTEREY DELEGATE TO REGIONAL PLANNING COMMISSION

The Monterey selectmen February 6 appointed Rudy Gero as the Town's delegate to the Berkshire County Regional Planning Commission. Peter Schulze was named alternate.

ROADS AND MACHINERY COMMITTEE MEETINGS

Commencing Monday, March 12, 1984, the Roads and Machinery Committee will meet on the second Monday of each month from 7:30 to 8:30 p.m. in the Selectmen's office.



MONTEREY NAMES CENSUS SUPERVISOR

The Monterey town clerk, Sue MacIver, was appointed to head up the 1985 state census in Monterey. The appointment was made at the February 6 meeting of the selectmen.



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Monterey's Groundhog emerges from her burrow to search for her shadow.

MONTEREY FOOD DAY

On Saturday, February 4, the Monterey Food Project's Annual Food Day once again offered satiety to those who seek solutions to the problem of how to find sustenance either from food that one can grow oneself or from locally produced foods.

Regional experts turned out in force to demonstrate flats of sprouts that were described by one observer to look like Astro-Turf welcome mats, breads of such vivid plant-derived reds and greens as to free one forever from artificial colorings, tofu made at home which evinced a creaminess unheard of in commercial tofu, and spaghetti squash with a calorie content half that of ordinary spaghetti and a Vitamin A content 12,000 times as high. There was a table of winter salads made entirely from foods which could either be stored in a root cellar, kept in a 70° environment, or frozen for crisp winter use. There were workshops on canning and freezing, nutrition, salad gardens and composting. There were books for sale on natural cooking, equipment for sprouting and sprout seeds; and the Monterey Food Co-op offered surplus products made in New England which ranged from kefir to apple-cranberry sauce.

A lunch bar offered New-England-grown egg salad, chicken salad and Vermont Cheddar sandwiches, all embellished with homegrown sprouts, as well as locally made winter salads and applesauce cake. Monterey's own weather-predicting groundhog cavorted among those who attended and was periodically fed Gould Farm's giant root vegetables from a display table by sympathetic children.

Down the street in the United Church of Christ Social Room the Monterey Girl Scouts hosted a Junk Food Hall of Shame, emphasizing the evils of too much sugar and too much profit motive among American food companies.

About 100 Berkshire County residents attended the day. 14

GRAPENEWE PLUNING WORKSHOP

Sunday March 18 3:00 pm
in the picnic grounds below
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WORKSHOPS in Great Barrington:

1. SEED STARTING indoors

SATURDAY, FEB. 25th
11:00 a.m. - 12 noon
Speaker: Peter Longdyke

2. VEGETABLE GARDENING

SATURDAY, MARCH 3
11 a.m. - 12 noon
Speaker: Roy Boutard
former director of the Berk. Garden Center

3. HERBS - Raising and Using

SATURDAY, MARCH 10
11:00 a.m. - 12 Noon
Speaker: Elvira Terranova

4. PERENNIALS

SATURDAY, MARCH 17
11 a.m. to 12 noon
Speaker: Valerie Locher

Info: 528-0166



Mary Tyer Kelly lectures on "Canning and Freezing."

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LETTERS TO THE EDITOR

To the editor:

Thank you for printing the beautiful "Prayer" of Lou McIntosh in the January edition. I took it to our parish meeting on anti-nuclear activities. We used it as an opening prayer and the members were profoundly moved.

Sincerely,

Marion Clark
New York, NY

(We received this note unsigned, postmarked Monterey. Who wrote it?—Ed.)

Thank you for your splendid news.

Would encourage your showing individual faces; i.e., Kessler, Williams, Grotz, etc. All of us aren't familiar with the contributing news authors, etc., in town.

PERSONALS

Thank you.

Mt. Everett senior **Hannah Pederson** has been selected for the All-State Band. Hannah, a flute player and member of the Mt. Everett Regional High School Band, is the daughter of Alf and Lena Pederson of Main Road.

David and Kathy Purcell Niedzienski of Lake Garfield had their first child, Benjamin Henry, February 7 at the Birth Center in Pittsfield.

Dear Friends and Neighbors,

Your support and concern has made our plight a lot easier during the past few weeks. We realize more than ever just how special our community is: It makes our loss seem less awesome.

All we can say is "Thank you."

Susan Sellew and
Wayne Dunlop

(Anyone still wondering what to do for Susan and Wayne may call Ellen Pearson (528-1988) or Bonner McAllester (528-9385). Checks made payable either to Wayne Dunlop or Susan Sellew may be sent c/o Monterey Fire Department, Box 99, Monterey 01245.)

ACKNOWLEDGEMENT

The Monterey News wishes to thank the following for their contribution this month: Mason and Elisa Rose; Walter R. Volckhausen.

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GOOD NEWS ON THE NUCLEAR ENERGY FRONT

The Monterey News received a letter from former resident Leslie Desmond (now living in Washington, D. C.) with an enclosure giving news of the January 11 U. S. Supreme Court decision holding the Kerr-McGee Nuclear Corporation liable for the 1974 contamination of Karen Silkwood, a laboratory analyst and union official at the Kerr-McGee plutonium processing plant in Oklahoma. As Leslie put it, the decision was "a pretty drastic departure from the past attitude toward the nuclear industry by the courts." (In 1981 on the same case a federal appeals court ruled that under the Atomic Energy Act Oklahoma law could not punish a nuclear corporation operating in the state.) The January decision affirms the right of a state to impose punitive damages against nuclear companies who have harmed citizens through reckless, negligent or malicious acts that result in radiation injury. In general, as stated by Sara Nelson, Director of the Operations Committee for the Karen Silkwood Fund, "This affirms the right of local governments and private citizens to regain some measure of control over the hazardous conduct of nuclear companies throughout the country."

The movie *Silkwood*, playing now in Pittsfield, tells the story of the 28-year-old woman who died under suspicious circumstances in a car crash on November 13, 1974. A member of the Oil, Chemical and Atomic Workers Union, Silkwood had been collecting evidence to prove that she and her co-workers were frequently exposed to hazardous levels of radioactive plutonium and that records had been falsified to conceal defects in the plutonium fuel rods manufactured there. She died on her way to a meeting to deliver the evidence to a reporter from *The New York Times*.

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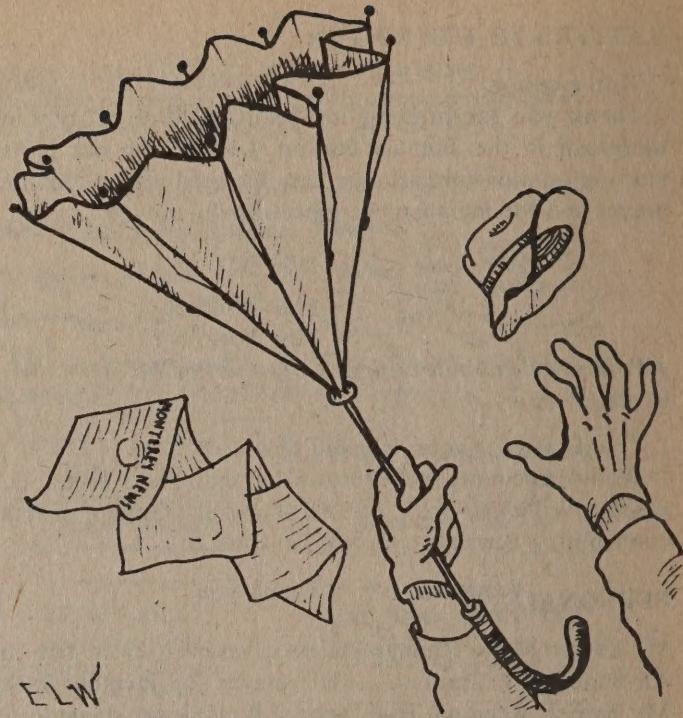
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DEBORAH MIELKE, ASSOCIATE**DEADLINE FOR ADS AND ARTICLES**

Deadline for all ads and articles to be typeset is the fifteenth of each month; for camera ready ads the deadline is the twenty-fifth of each month. Mail to: Box 264. Monterey, MA 01245.

If you wish to have your ad typeset, please call Eileen Clawson, 528-4835, for typesetting rates.



ELW

AD RATES

One-inch classified ads (1" x 3½" or less)	\$2.50
Two-inch business cards (2" x 3½" or less)	5.00
Three-inch size (3" x 3½" or less)	7.50
Five-inch size (quarter-page size: 5" x 3½")	12.50
Half page (either horizontally across page or vertically, one column wide from top to bottom .	25.00

*No full-page ads.**Back cover rates:*

2" card	10.00
Quarter page	20.00
Half page	40.00

*No classifieds on back cover.**Except where otherwise noted, photographs by Susan McAllester and drawings by Edith Wilson.***STAFF**

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Youth Editor:	Katy Bradley
Typesetter:	Eileen Clawson
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